

SAVE THE DATE!

Wednesday, September 13th • 10am-2pm



The Times
gainesvilletimes.com

HEALTHY AGING EXPO

Free to the Public!

**FRANCES MEADOWS**
AQUATIC AND COMMUNITY CENTER

1545 Community Way, Gainesville

Join Us for...

Scheduled to Speak:

10:30 AM Dianne Appling, Lifeline,
Topic: Keep Playing!

11:00 AM Atlanta Gastroenterology,
Topic: Stay Healthy!

11:30 AM Caroline Pierce, Good Nutrition,
Topic: Stay Fortified!

12:00 NOON Scott, Chris and Brian Moore,
Moore's Wealth Management,
Topic: Protect your Financial Health!

12:30 PM Dr. Andrew Lake, Gastroenterology
Associates, Topic: Screenings are Important!

1:30 PM Phillippa Moss, Community Senior Center,
Topic: Lending a Hand Keeps You Healthy!

Classes:

Frances Meadows Aquatic Center will
be offering the following classes FREE
during the event:

Land Classes – Wellness Room

10am-11am – Zumba

11am-11:45am- Strength in Motion

12pm-1pm- Gentle Yoga

1pm-1:45pm – Barre Tone

Water Classes – Warm Pool

10am-11am – Water Works

11am-12pm – Gentle Movements

12pm-1pm – Aqua Moving & Grooving

1pm-2pm- Stretch and Flex

Spin class – Spin room in Fitness Center

(9 bikes available. First come, first served)

11am-11:45am- Your Ride

Prizes • Exhibitors & Health Screenings • Entertainment by
Redemption Song & Justin Terry Music plus Much, Much More!

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**BIKETOWN 50 U.S.A.**

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For more information call 770.535.6330 or email lnelson@gainesvilletimes.com

8-24-17

Get your game on

Region offers various adult sports leagues

BY AMBER TYNER
atyner@gainesvilletimes.com

Now that kids are back in school, their schedules will soon be full of practices and games for various sports.

But who says adults can't join the fun, too?

Gainesville Parks & Recreation

Gainesville Parks & Recreation will have adult teams for softball, flag football and

basketball throughout the fall and winter. "We just offer to give the adults a place to get out and have leisure and play a competitive sport against other teams and against other people," said Hank Heffer, athletic program manager for Gainesville.

While he said the participation in basketball and flag football is "pretty much stale," their softball leagues are growing.

"The participation is actually rising somewhat in adult softball, coed and men," he said. "It's getting a little bit bigger."

■ Please see **SPORTS, 13**

Fall Coed Adult Softball

When: 6:30-10:30 p.m. Thursdays Sept. 14-Nov. 9

Where: Games played at Lanier Point Athletic Complex, 1579 Lee Waldrip Drive, Gainesville

How much: \$425 for residents and \$450 for nonresidents; registration ends Sept. 1

More info: www.gainesville.org/adult-softball

Fall Men's Adult Softball

When: 6:30-10:30 p.m. Mondays and Tuesdays Sept. 12-Nov. 7

Where: Games played at Lanier Point Athletic Complex, 1579 Lee Waldrip Drive, Gainesville

How much: \$425 for residents and \$450 for nonresidents; registration ends Sept. 1

More info: www.gainesville.org/adult-softball



Courtesy Gainesville Parks & Recreation

Teams play adult summer league softball in 2016 with Gainesville Parks & Recreation.

Adult Flag Football

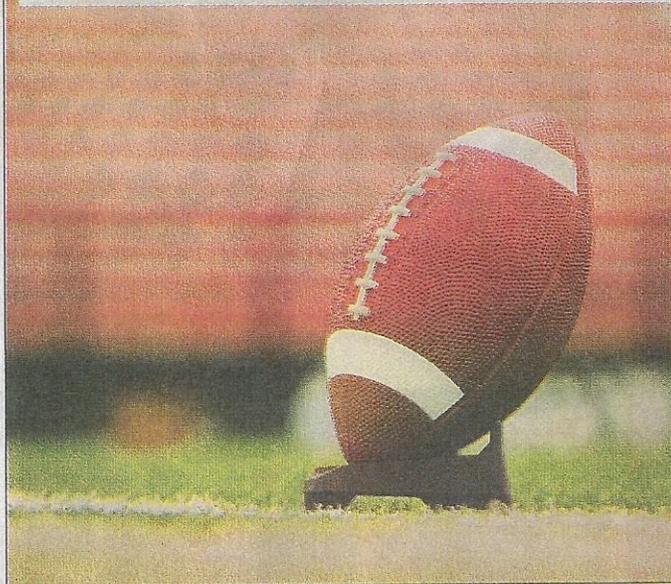
When: 6:30-10:30 p.m. Mondays, Tuesdays and Thursdays Oct. 23-Nov. 21

Where: Games played at Lanier Point Athletic Complex, 1579 Lee Waldrip

Drive, Gainesville

How much: \$350 for residents and \$375 for nonresidents; registration ends Oct. 16

More info: www.gainesville.org/flag-football



Good ol' southern home cooking at its finest!



The last railroad café in original condition in the U.S.! Railway travels inspired the collection of southern dishes served today.

NOW OFFERING

Miriam's Cakes and Treats!
Grab a taste or order one for any occasion.

NOW DELIVERING
within Gainesville city limits

Call for our
Daily Specials



Big Bear Café Gainesville

Mon-Fri 7AM-2:30PM • Sat 7AM-12PM
893 Main St Sw • Gainesville, GA • 678-450-4644

PlatIn

SPORTS

Continued from 12

Hall Ball

If you're looking to have the same kind of fun you probably had during recess in elementary school, try Hall Kick Ball. They haven't yet nailed down their schedule, but you can learn more at www.hallkickball.com/

Adult Basketball

When: 7:30-10:30 p.m. Mondays, Tuesdays and Thursdays Jan. 8-Feb. 22

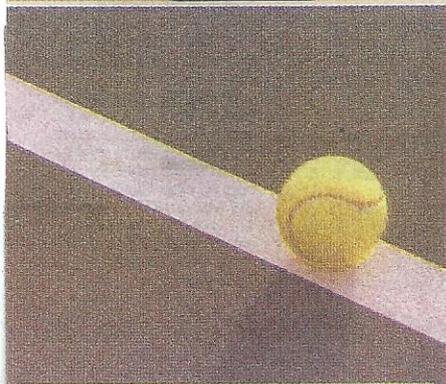
Where: Games played at Gainesville Middle School gym, 1581 Community Way, Gainesville

How much: \$425 for residents and \$450 for nonresidents; registration ends Dec. 8

More info: www.gainesville.org/basketball



Photos courtesy MetroCreative



Tennis

While no leagues are planned for this fall, Gainesville will have a tennis tournament in October for ages 16 and older.

When: Fall Classic Tennis Tournament, Oct. 17-22

Where: Longwood Park, 20 Pearl Nix Parkway, Gainesville

How much: Singles: \$15 for residents and \$20 for nonresidents per category/per season; Doubles Split: \$12.50 for residents and \$17.50 for nonresidents per category/per season; register by Oct. 12 at www.gainesville.org/ online-registration.

STARLIGHT
CELEBRATION & FIREWORKS
UNIVERSITY OF NORTH GEORGIA
GAINESVILLE CAMPUS

Saturday, August 26
Rain date is September 9

Gates open at 5:30 p.m.
Fireworks at Dark
ung.edu/starlight
#UNGstarlight

UNG students enter free with valid UNG parking permit.
All others \$10 per car / \$20 per bus, van or larger.
All proceeds benefit UNG students.

UNG
UNIVERSITY OF NORTH GEORGIA

12419

SEPT. 2

**8th Annual Crush
Fest, Yonah Mountain
Vineyards, Cleveland**



SEPT. 9

**Pooches in the Park,
Braselton Town
Green, Braselton**

SEPT. 10 ✕

**Soggy Doggy Pool
Party, Frances
Meadows Aquatic
Center, Gainesville**

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plash

9 Snake Day



Elachee Nature Science Center
10 AM to 3 PM
This annual fall festival is a family-friendly favorite. Here you can touch a snake and be awestruck by reptile programs presented by regional experts and live animal demonstrations with native & exotic species.
www.elachee.org

13 Healthy Aging Expo



Frances Meadows Aquatic Center, Gainesville
Wednesday, 10 AM - 2PM
Learn about Gainesville's healthy aging resources. Join us for speakers, free classes, music, vendor booths, and more.

15-17 Atlanta Historic Races

Road Atlanta, Braselton
Did you miss the Classic Motorsports Mitty or just want to see more great racing at one of the most challenging tracks in North America? HSR returns to Road Atlanta with this action packed weekend featuring the WeatherTech Sprint Series and the BRM Chronographes Endurance Challenge!
www.roadatlanta.com

16 Georgia's Spirit of Appalachia Food, Wine & Art Festival



Hardman Farm Historic Site
Sautee Nacoochee
10 AM - 5 PM

Musicians will play on stage while festival-goers taste delectable dishes made from Georgia products by Georgia chefs, sample Georgia's finest wines and craft beers and shop the booths of Georgia artists selling all types of creations.

706-865-5356 • www.whitecountychamber.org



16 John Jarrard Foundation Concert



Brenau University, Gainesville
Gates Open 5 PM
The John Jarrard Foundation was established as an annual event to raise money for charities local to North Georgia.
www.johnjarrardfoundation.com

28 Trick-or-Treat on the Trail

Midtown Greenway, Gainesville
Saturday 3 PM
Free event! Trick or treating, petting zoo, Bounce House, and Games. Tons of candy and lots of fun!
gainesville.org

31 Trick-or-Treat

Downtown Dahlonega
Tuesday 5:30 PM - 7:30 PM
Ghosts, goblins, witches, wizards and more will be wandering the streets of Downtown Dahlonega on October 31. This event provides a safe environment for parents to bring children trick or treating during daylight hours. Trick-or-Treat Dahlonega is intended for children ages 12 and under. Appropriate costumes are appreciated!
dahlonega.org

31 Trunk-or-Treat

Rock Creek Park, Dawsonville
Tuesday 4 PM - 7 PM
The purpose of this event is to provide the children in the community with a safe place to trick-or-treat. Rock Creek is a well-lit area that provides plenty of parking, restrooms, and easy access! We will designate a specific area in the park for the trunk-or-treat and have it sectioned off so that vehicle traffic will not be permitted, providing a traffic-free area for the children. Come out for an afternoon of fun for the whole family!! Admission is free and so are most of the activities; concessions/dinner will be available for purchase.
dawsoncounty.org



Shore Sweep set for September



Photos by SCOTT ROGERS | The Times

Old unused docks at the Lanier Canoe and Kayak Club boathouse will be removed today as the old docks are floated across to the Lake Lanier Olympic Park and removed from the water. Some docks may have to wait until the lake level rises to be removed.

Event starting early with Olympic Park cleanup today

BY RICK BOWMAN
rbowman@gainesvilletimes.com

Tens of thousands of pounds of trash — possibly more than 100,000 pounds — will be removed from Lake Lanier next month during the Lake Lanier Association's annual Shore Sweep.

And today, the Lake Lanier Olympic Park will get a preview of the September sweep with a hefty, all-day cleanup of rusted dock equipment that has piled up near the park's tower and boathouse.

Some of the debris dates back to the 1996 Olympics, said park Manager Robyn Lynch.

"Mostly it's old docks and starter docks — those type of things," Lynch said.

Removing the equipment will take most of today. Boat Dock Works has been hired for the task, which isn't expected to disturb pedestrians, motorists or rowers, Lynch said.

The work is being funded through the Lake Lanier Association's Shore Sweep account, which itself is funded by counties that touch the lake, according to association Executive Director Joanna Cloud.

She said the Olympic Park project is the kickoff project of the organization's 29th Shore Sweep.

The sweep and its 1,200 volunteers have historically removed between 30 and 50 tons of garbage from Lake Lanier beginning in late September, Cloud said, but the group is starting early on the Olympic Park because the debris in the area has been in the association's sights for a couple of years.

"Trash sort of begets trash," she said. "So if you find an area that has a bunch of trash in it, you'd be amazed at how that trash pile just seems to multiply and grow over time."

Some of the docks are

Shore Sweep

When: 8 a.m. to 1 p.m.
Sept. 23

Where: Aqualand Marina, Balus Creek Access, Big Creek Access, Don Carter State Park, Gainesville Marina, Lake Lanier Olympic Park, Lanier Islands and Longwood Park in Hall County; Bald Ridge Marina and Port Royale Marina in Forsyth County; War Hill Park in Dawson County; Gwinnett Park in Gwinnett County

More information: www.lakelanier.com or 770-503-7757.

How to help

Bring garbage-collecting supplies (gloves, trash bags, rope and stakes for towing heavy materials) and snacks for volunteers to collection sites on Sept. 23.

wedged into a cove near the park and are inaccessible by both land and water for now, according to Cloud, and the association hopes to return in early 2018 when the higher lake level allows access deeper into the boggy cove.

The work today will involve heavy equipment on both land and on Boat Dock Work's barge.

Heavy equipment is becoming a more common sight during the Shore Sweep. When the event began, much of the trash being collected was simple litter — cans, bottles, bags and other carelessly discarded trash.

These days, each of the 12 garbage collection sites has a front-end loader and an industrial bin. Dock debris and heavy, waterlogged foam constitute most of the tonnage.

Approximately one-third of the debris comes from islands that dot the lake, Cloud said.

There are eight sites in Hall County, two in Forsyth, one in Gwinnett and one in Dawson.



An old dock lies on the shore at Lake Lanier Olympic Park Monday afternoon.

The Dawson site, War Hill Park, usually has the most debris to collect because of the park's large amount of shoreline.

"We have bigger, heavier, more cumbersome stuff that logistically is much more challenging," she said.

As a result, Shore Sweep requires more boats and more heavy lifting from volunteers. The association collects cash donations for the sweep, but it also needs gloves, trash bags and especially rope and sturdy stakes.

"Not twine, but heavy-duty rope," Cloud said. "We need stakes; it's amazing how many stakes we go through because we hammer the stakes into the foam and then tie the rope off to it and tow it back (to collection sites)."

The group also needs snacks for volunteers at the 12 collection sites.

If you're interested in the event but unavailable on Sept. 23, there are eight advance-drop locations on water-accessible locations around the lake.

"You can go ahead and bring bagged trash or large items and leave them at one of these locations," the Shore Sweep website states. "We have volunteers with boats scheduled to pick up at all these locations on Saturday morning for removal."

Meanwhile, boaters who are unable to collect debris can use their smartphones to mark its location on the TrashOut app — a service that allows people to set waypoints that other volunteers can use to find trash.

Including spending and in-kind donations from counties and garbage collection companies, Shore Sweep costs about \$30,000 each year, Cloud said.

plb/17

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8/13/17

Discover a stellar attraction

Gainesville offers 1.8-mile scaled walking tour of our solar system

BY CARLOS GALARZA
cgalarza@
gainesvilletimes.com

The recent total eclipse of the sun in our area has had many looking up to admire the stars and celestial bodies.

If you've been turned on with the breathtaking, seemingly perfect symmetry of the universe, then it's time to become reacquainted with one of Gainesville's often overlooked attractions — the Solar Walk.

The 1.8-mile made to scale walking tour of our solar system is a gift to the city by the North Georgia Astronomers.

Inspired by a partial eclipse of the sun in February 1998, members of NGA came up with the idea of finding a place to install a scale model of the solar system for its "Millennial Project."

The group contacted Gainesville city officials with their idea after they discovered that 1.8-mile distance from the downtown square to the end of Longwood Park on Lake Lanier would be a perfect scale model — 1:2,000,000,000 walking tour of the solar system.

On a sunny afternoon, three co-workers at Northeast Georgia Health System were surprised to learn that Gainesville has such an attraction. The young pathology techs — Laura Wilson, Keri Sanders and Jessica Miller — agreed they would take the time one day to do the tour together.

"It's great exercise, and

Solar Walk

What: 1.8 mile scale tour of the solar system

Where: Begins on the downtown square and ends on Lake Lanier at Longwood Park

How much: Free

More info: 770-531-2664, 770-531-6598

you get to learn more about our solar system," Sanders said.

On Dec. 31, 1999, on the eve of the new millennium, the North Georgia Astronomers had the monument of the earth and moon erected at Main and Washington streets on the square. They immediately engaged the community to get involved to help underwrite the project.

More than 100 donated \$30 each to pay for the earth and moon markers downtown. NGA members also found many willing sponsors for each of the planets, including many Gainesville-Hall County public and private schools.

By the early spring of 2001, the final granite markers were set on their foundations to complete the scale model. It is one of five in the nation.

Michael Graham, deputy director of Gainesville Parks and Recreation, said the solar walk is a great way to visit the city's parks via the greenway.

"You literally start from downtown square and you walk all the way through the greenway," Graham said. "You can stop along the way, you see markers for the planets and the asteroid belts. It's a great way to enjoy the city."



Photos by **DAVID BARNES** | The Times

Top: A statue of the sun is located on the downtown Gainesville square, beginning the solar system walking tour that ends near Longwood Park. **Above:** A plaque shows a map of the solar system walking tour. **Left:** From left, Laura Wilson, Keri Sanders and Jessica Miller, all pathology specialists at the Northeast Georgia Medical Center, read a plaque Aug. 24 showing information on the planet Earth and the moon.

8/31/17

LOOKING AHEAD



SEPT. 9
Pooches in the Park,
Braselton Town
Green, Braselton

SEPT. 10
Soggy Doggy Pool
Party, Frances
Meadows Aquatic
Center, Gainesville

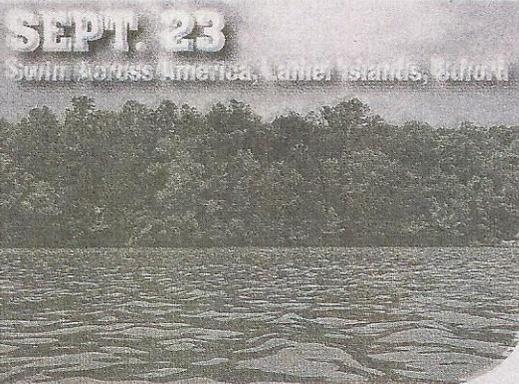
SEPT. 12
Power of
the Purse
Fundraiser and
Fashion Show,
Chattahoochee
Country Club,
Gainesville



SEPT. 16-17
Friends of Hall
County Library Book
Sale, Hall County
Library, Gainesville

SEPT. 16
Georgia's Spirit of Appalachia
Food, Wine & Art Festival,
Satee Nacoochee

SEPT. 16
North Hall Lions
Club Cupcake
Challenge Road
Race, Clermont

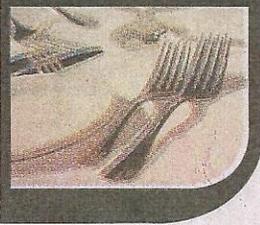


SEPT. 24
5th Annual A Broad's Brush
Fundraiser, Gainesville



SEPT. 26
Empty Bowl Annual Fundraiser, First
Baptist Church, Gainesville

SEPT. 28
Dinner and dance,
hosted by My Sister's
Place, Gainesville



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Topic: Protect your Financial Health!
- 12:30 PM Dr. Andrew Lake, Gastroenterology
Associates, Topic: Screenings are Important!
- 1:30 PM Phillippa Moss, Community Senior Center,
Topic: Lending a Hand Keeps You Healthy!

Classes:

Frances Meadows Aquatic Center will
be offering the following classes FREE
during the event:

Land Classes – Wellness Room

- 10am-11am – Zumba
- 11am-11:45am- Strength In Motion
- 12pm-1pm- Gentle Yoga
- 1pm-1:45pm – Barre Tone

Water Classes – Warm Pool

- 10am-11am – Water Works
- 11am-12pm – Gentle Movements
- 12pm-1pm – Aqua Moving & Grooving
- 1pm-2pm- Stretch and Flex

Spin class – Spin room in Fitness Center

(9 bikes available. First come, first served)

- 11am-11:45am- Your Ride

Prizes • Exhibitors & Health Screenings • Entertainment by
Redemption Song & Justin Terry Music plus Much, Much More!

Sponsored by:



Northeast Georgia Medical Center



For more information call 770.535.6330 or email lnelson@gainesvilletimes.com

8/31/17

