



## **March Madness in the Meadows FITNESS CHALLENGE**

### **RULES & INFORMATION**

1. Pick up your FREE Fitness Challenge Punch Card at the front desk at Frances Meadows Aquatic & community Center. (1 card per person)
  - ❖ You must provide name, telephone number and/or e-mail address upon pick-up of fitness challenge punch card. Punch card will NOT be valid without information.
2. The Fitness Challenge begins on Monday, March 6, 2017. You will have until Saturday, April 1 to complete all 7 fitness challenges and turn the card in to the front desk.
  - ❖ Fitness Challenges Include: Completing 2 land fitness classes, 2 water fitness classes, 1 spin class, 1 fitness center visit and bringing one new person in to Frances Meadows to utilize any amenity, class or tour the facility.
3. After you complete each challenge, you must have your card initialed on the back. After all 7 challenges have been initialed; you will turn your card in to the front desk. Signatures and information will be verified, your card punched and only then entered to win grand prize drawing.
4. New members will receive 20% passports purchased through December 31, 2017 and not to be combined with any other discounts.
5. Grand Prize drawing held Monday, April 3 at 12:30pm.

### **IMPORTANT INFORMATION**

- ❖ No cards will be accepted after Saturday, April 1.
- ❖ You can complete the challenges anytime between 3/6 – 4/1.
- ❖ You must choose 2 different water classes and two different land classes.
- ❖ The friend you bring must be NEW to the facility.
- ❖ 1 Punch Card per person